

**Final Year PG Diploma in Ayurveda Regular/Supplementary
Examinations April 2025
Panchakarma (Diploma in Panchakarma)**

**Paper II – Applied aspects of Basti, Nasya Karma, Raktamokshana and
Physiotherapy**

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essay (20)

1. Explain the method of administration of Niruhavasti and write the mechanism of action of Vasti.

Short essays (8x10=80)

2. Yapanavasti and its importance.
3. Importance of left lateral position in Vasti.
4. Explain the method of preparation and administration of Anuvasana Vasti.
5. Explain in detail about Kavala and Gandusha.
6. Describe the types of Nasya according to matra and kalpana.
7. Explain Prachhana Vidhi.
8. Wax therapy and its indications.
9. Explain the indication and contra indication of Nasya.
